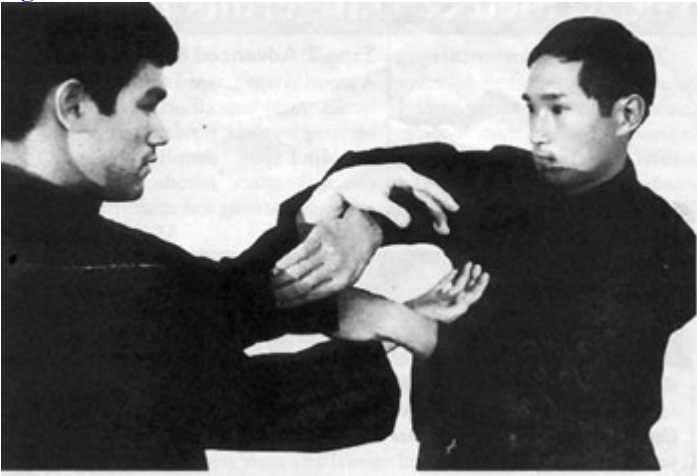


Hello All,

I would like to remind some of you and invite any and all of the rest of you to the upcoming CRCA "Weekend of the Seeves" featuring Sifu Ted Wong and Sifu Dan Lee - two of the top original students of Bruce Lee. It will be held June 30th and July 1st at my ranch in Northeast PA, about 2.5 hours' drive from either Philadelphia or NYC. Everyone will be camping out in tents around the property or in the barn, so bring a tent and/or an air mattress or cot and sleeping bag. We will have a bonfire, fireworks, a laser show, a live band and ATV/ horseback riding to go with 2 hours of instruction by each Sifu each day Saturday and Sunday. There will be catered food available, or bring your own. Participants will receive a commemorative certificate and a limited-edition T-shirt signed by both Seeves will be produced and sold at the event. We will also have some JKD jewelry with engraved signatures from both Seeves for sale.



Sifu Ted Wong with Bruce Lee



Sifu Dan Lee with Bruce Lee

Here is the schedule for both days and the topics that will be covered...

June 30 (Saturday) AM – Presenter: Sifu Dan Lee

- Opening remarks and the JKD salutation
- The JKD "On-guard" stance
- The JKD punches
- Qualities desired in the JKD punches: accuracy, speed, power and non-telegraphic, etc.

(Saturday) PM – Presenter: Sifu Ted Wong

- The JKD footwork
- The JKD kicks
- Qualities desired in the JKD kicks: fluidity, power, balance and quick recovery, etc.

July 1 (Sunday) AM – Presenter: Sifu Ted Wong

- The 3 elements of JKD combat: Simplicity, Directness and Non-classical
- The 5 ways of attack

(Sunday) PM – Presenter: Sifu Dan Lee

- The Yin/Yang philosophy and the JKD emblem
- Bruce Lee's sayings
- Application of Yin energy in JKD defense
- Concluding remarks by Sifu Dan Lee and Sifu Ted Wong
- Questions and answers

Prices will be as follows:

\$108 per person in advance (before June 1st). \$188 at the door. \$54 for non participants.

The 2 nights of the event, you will be camping out, but if you come before that or stay after that, you can stay inside the house, so don't worry.

Best Wishes,

Randy Williams
Close Range Combat International
www.crcawingchun.com